



NOVEMBER 2020

Court Street Village

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Green- Exercise Blue- Outing Red- Special Event Orange- Volunteering	2 11:05 Zumba (E) 2:00 Bingo (W)	3 11:00 Resident Exercise (W) 2:00 Coloring (W)	4 11:05 Stretch and Relax (E) 2:00 Wordsmith Game (W)	5 11:00 Art Class (W) 4:00 Walking Club	6 11:00 Resident Exercise (W) 2:00 Presentation on Preventing Cognitive Decline (W)	7
8	9 11:05 Zumba (E) 12:00 Indian Corn Craft (W) 2:00 Bingo (W)	10 11:00 Resident Exercise (W)	11 11:05 Stretch and Relax (E) 2:00 Gratitude Leaf Craft (W)	12 4:00 Walking Club	13 11:00 Resident Exercise (W) 2:00 Apron Decorating (W)	14
15	16 11:05 Zumba (E) 2:00 Bingo (W)	17 11:00 Resident Exercise (W) Thanksgiving Meal (will be delivered to every door by staff)	18 11:05 Stretch and Relax (E) 2:00 Wheel of Fortune (W)	19 11:00 Art Class (W) 4:00 Walking Club	20 11:00 Resident Exercise (W) 2:00 Bean Bag Toss	21
22	23 11:05 Zumba (E) 2:00 Bingo (W)	24 11:00 Resident Exercise (W)	25 11:05 Stretch and Relax (E)	26 	27 11:00 Resident Exercise (W)	28
29	30 11:05 Zumba (W) 2:00 Bingo (W)		Masks must be worn at all times when residents are in hallways/community areas.			

Residents of both McFarlan Home and Court Street Village are welcome to attend activities at either campus. If you require transportation from Court Street Village to McFarlan Home or vice versa, please let the staff know as soon as possible so they can attempt to arrange transportation for you.