



JANUARY 2020

McFarlan Home 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B Body M Mind S Spirit	AR Activity Room DR Dining Room G Gazebo L Lobby LR Living Room P Parlor S Sunroom		Happy New Years! 1	10:00 B Volunteer at Community Closet (L) 2 2:30 B Zumba Gold (LR) 3:30 M BINGO (AR)	11:00 B Walking Group (L) 3 1:00 S Tender Hearts (AR) 2:30 B Stretch & Relax (S) 3:30 M BINGO (AR)	2:00 M UNO Card Game (LR) 4
2:00 S Church Service (P) 5 3:00 S Adult Coloring (LR)	10:00 B Volunteer at Children's Center (L) 6 1:30 M Scarf Making (AR) 3:30 M 2020 Vision Board Making (AR)	11:00 S Saganos (L) 7 2:00 M Calendar Planning Meeting (S) 3:30 M Dog Treat Making for Genesee County Humane Society (AR)	9:00 M Coffee and Conversation (LR) 8 11:00 M Skip Bo Card Game (LR) 1:30 M BINGO w. Vanessa & Michelle (AR)	10:00 B Volunteer at Community Closet (L) 9 11:00 S Bible Study (P) 2:30 B Zumba Gold (LR) 3:30 M Price is Right (LR) 5:00 S Happy Hour with Daniel Bryson (LR)	11:00 B Walking Group (L) 10 1:00 S Tender Hearts (AR) 2:30 B Stretch & Relax (S) 3:30 M BINGO (AR)	11:00 S Music & Bible Study w/ Lighthouse Family Church (P) 11 2:00 M Skip Bo Card Game (LR) 3:30 M Movie (LR)
2:00 S Church Service (P) 12 3:00 S Adult Coloring (LR)	10:00 B Volunteer at Children's Center (L) 13 11:15 M Weekly Reflection (LR) 3:30 B Balloon Volleyball (AR)	10:00 S Meijer (L) 14 1:00 B Yoga w/ Anne (S) 2:00 M BINGO (AR) 3:30 M Taste Test Tuesday (AR) 4:30 M Wrapping Silverware for Mercy House (AR)	11:00 M UNO Card Game (LR) 15	10:00 B Volunteer at Community Closet (L) 16 11:00 S Bible Study (P) 1:00 S Flint Institute of Arts (L) 2:30 B Zumba Gold (LR) 3:30 M Wheel of Fortune (LR)	11:00 B Walking Group (L) 17 1:00 S Tender Hearts (AR) 2:30 B Stretch & Relax (S) 3:30 M BINGO (AR)	2:00 M UNO Card Game (LR) 18 3:30 M Movie (LR)
2:00 S Church Service (P) 19 3:00 S Adult Coloring (LR)	Martin Luther King Jr. Day 20 10:00 B Volunteer at Children's Center (L) 11:15 M Weekly Reflection (LR) 2:00 M Residents Council Meeting (AR) 3:30 M I have a Dream Activity (AR)	Movie day at Trillium! 21	11:00 M Skip Bo Card Game (LR) 22 1:30 M BINGO w. Vanessa & Michelle (AR) 3:00 M Heartland Memorial Service (S)	10:00 B Volunteer at Community Closet (L) 23 11:00 S Bible Study (P) 2:30 B Zumba Gold (LR) 4:00 M Horse Races (AR)	11:00 B Walking Group (L) 24 1:00 S Tender Hearts (AR) 2:30 B Stretch & Relax (S) 3:30 M BINGO (AR)	11:00 S Music & Bible Study w/ Lighthouse Family Church (P) 25 2:00 M Skip Bo Card Game (LR) 3:30 M Movie (LR)
2:00 S Church Service (P) 26 3:00 S Adult Coloring (LR)	10:00 B Volunteer at Children's Center (L) 27 11:15 M Weekly Reflection (LR) 1:30 B Spa Day (AR)	10:00 M Goodwill (L) 28 1:00 B Yoga w. Anne (S) 2:30 M No Bake Cheesecake Bites (AR) 4:00 M Wrapping Silverware for Mercy House (LR)	11:00 M UNO Card Game (LR) 29 1:30 M BINGO (AR) 3:00 M Bracelet Making (AR)	10:00 B Volunteer at Community Closet (L) 30 11:00 S Bible Study (P) 2:30 B Zumba Gold (LR) 3:30 M Beat the Winter Blues Seminar (LR) 4:30 M McFarlan Money Auction (LR)	11:00 B Walking Group (L) 31 1:00 S Tender Hearts (S) 2:30 B Stretch & Relax (S) 3:30 M BINGO (AR)	

Residents of both McFarlan Home and Court Street Village are welcome to attend activities at either campus. If you require transportation from Court Street Village to McFarlan Home or vice versa, please let the staff know as soon as possible so they can attempt to arrange transportation for you.