



JULY 2021

McFarlan Home

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B Body M Mind S Spirit	AR Activity Room DR Dining Room G Gazebo L Lobby LR Living Room P Parlor S Sunroom			Beauty Shop Open for Nails 1 10:00 B Zumba (LR) 1:00 B Walking Group (L) 3:00 M Uno Card Game (LR) 3:00 M Bingo (AR)	10:00 B Stretch and Relax (LR) 2 2:15 S Tender Hearts (LR)	3
Fourth of July 4 11:00 S Church Service on the TV (LR) 1:30 M Adult Coloring (LR)	11:00 M Weekly Reflection (LR) 5 3:00 S Movie Monday (LR)	10:30 B Gardening Club 6 2:45 M Music Therapy Group (S)	Beauty Shop Open 7 10:30 B Yoga with Anne (P) 1:00 M Tender Hearts (AR) 3:00 M Art Therapy (LR)	10:00 B Zumba (LR) 8 1:00 B Walking Group (L) 3:00 M Bingo (AR)	10:00 B Stretch and Relax (LR) 9 2:15 S Tender Hearts (LR) 3:30 M Dominos (LR)	10
11:00 S Church Service on the TV (LR) 11 1:30 M Adult Coloring (LR)	11:00 M Weekly Reflection (LR) 12 3:00 S Movie Monday (LR)	10:30 B Gardening Club 13 2:45 M Music Therapy Group (S)	Beauty Shop Open 14 10:30 B Yoga with Anne (P) 1:00 M Tender Hearts (AR) 3:00 M Painting with a Twist (LR)	Beauty Shop Open for Nails 15 10:00 B Zumba (LR) 1:00 B Walking Group (L) 3:00 M Uno Card Game (LR) 3:00 M Bingo (AR)	10:00 B Stretch and Relax (LR) 16 2:15 S Tender Hearts (LR) 3:30 M Dominos (LR)	17
11:00 S Church Service on the TV (LR) 18 1:30 M Adult Coloring (LR)	11:00 M Weekly Reflection (LR) 19 3:00 S Movie Monday (LR)	10:30 B Gardening Club 20 2:45 M Music Therapy Group (S)	Beauty Shop Open 21 10:00 M Coffee and Conversation with Marisa (LR) 10:30 B Yoga with Anne (P) 1:00 M Tender Hearts (AR)	Beauty Shop Open for Nails 22 10:00 B Zumba (LR) 1:00 B Walking Group (L) 2:00 M Calendar Planning Meeting (S) 3:00 M Bingo (AR)	10:00 B Stretch and Relax (LR) 23 2:15 S Tender Hearts (LR) 3:30 M BINGO (AR)	24
11:00 S Church Service on the TV (LR) 25 1:30 M Adult Coloring (LR)	11:00 M Weekly Reflection (LR) 26 1:30 M BINGO (AR)	10:30 B Gardening Club 27 2:45 M Music Therapy Group (S)	Beauty Shop Open 28 10:30 B Yoga with Anne (P) 11:00 M Skipbo Card Game (LR) 1:00 M Tender Hearts (AR) 3:00 M BINGO (AR)	Beauty Shop Open for Nails 29 10:00 B Zumba (LR) 1:00 B Walking Group (L) 2:30 S Horse Races (AR)	10:00 B Stretch and Relax (LR) 30 2:15 S Tender Hearts (LR)	31