



McFARLAN VILLAGES

MCFARLAN HOME
COURT STREET
VILLAGE

mcfarlanvillages.org



Managed by
Presbyterian Villages of MI

April 2021

Court Street Village wants to extend a warm welcome to Alicia from Evergreen Health Services. Evergreen provides a variety of services such as home health care, skilled nursing, occupational therapy, physical therapy, and private duty care services, all of which you may be eligible for through your insurance.

Alicia's clinic is located in the library in our 800 East building and clinic hours are listed below. Feel free to stop by and welcome her to the building!

Tuesday 9:00am-4:00pm
Wednesday 9:00am-12:00pm
Thursday 12:00pm-3:00pm
Friday 12:00pm-4:00pm



Put On Some Good Vibes

Wearing a bright color is one way to get energized and put yourself in a positive mood.

Remember When: Rain Bonnets

Pretty protection for hairdos, plastic rain bonnets were once a must-have accessory, stashed in a lady's purse in the event of wet weather. With printed designs on clear plastic, the bonnet was folded up and stored in a compact carrying case, which was often designed to look like a miniature suitcase. Many businesses used them as promotional giveaways.

Activity Book Tip

It's easier to work in a puzzle book or coloring book when it's lying flat. Clipping a pants hanger to the top of the book can help the pages stay down and fuss-free.



A Colorful Sight

Catching sight of a rainbow spanning the sky is a natural wonder that can often stop you in your tracks. These colorful "rainy arches," the Latin meaning of their name, appear when light reflects and refracts through water droplets. Because a rainbow is an optical phenomenon, it's unique to each person seeing it, since the angles of reflected light will be slightly different from their viewpoint.

Sow Good Thoughts

"Plant seeds of happiness, hope, success, and love; it will all come back to you in abundance." —Steve Maraboli

Famous Faces Born in April

- April 1, 1929: Jane Powell
- April 3, 1944: Tony Orlando
- April 12, 1916: Beverly Cleary
- April 15, 1982: Seth Rogen
- April 16, 1993: Chance the Rapper
- April 19, 1978: Joanna Gaines
- April 26, 1933: Carol Burnett
- April 29, 1954: Jerry Seinfeld

McFarlan Home

Front Desk Phone
810-235-3077

Court Street Village

Office Phone (East) 810-239-4400
Office Phone (West) 810-239-4700

Salon (Court Street Village)

810-814-1666
(By Appointment Only)

After-Hours Emergency Maintenance (Court Street Village)

(810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392
800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at mcfarlanvillages.org.
2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!

3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to jwamsley@pvm.org.

Resident Referrals

Refer your friends and family to move into McFarlan Home or Court Street Village and get a referral bonus!

Court Street residents will receive \$500 per referral and McFarlan Home residents will receive \$50 per referral.

Rubber Duck Tale

A symbol of bath time fun, rubber ducks have been helping kids get squeaky-clean for more than 100 years.

The first rubber ducks splashed on the scene in the late 1880s, when manufacturers came up with different ways to use Charles Goodyear's newly invented vulcanized rubber. These duckies didn't float, and instead were designed as teething toys for toddlers.

By the 1930s, toy companies were making floating bath toys out of vinyl, although the name rubber duck still stuck. In 1949, sculptor Peter Ganine patented a design for the now-classic bright yellow duck with an orange bill. The cheerful little ducks were marketed as soothing toys for bath time, helping youngsters overcome fears of the water and also learn about hygiene.

In 1970, the TV show "Sesame Street" introduced a new generation of kids to the rubber duck, when the Muppet

character Ernie sang a song about tub time with his squeaky best friend. Released as a single, the ditty "Rubber Duckie" sold over 1 million copies and even cracked the top 20 on the pop music chart.

Inducted into the National Toy Hall of Fame in 2013, rubber ducks are now available in all sizes, colors and designs, including many that resemble entertainment and sports celebrities.



Volunteer Feature

Resident Liaison

James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull

Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, Rene Butler, Thelma Mull, William Wanbaugh

Outdoor Beautification

Brenda King, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas

James Humpert

Community Improvement Research

Karen Lyons

West Office Volunteers

James Humpert

Resident Event Volunteers

Betty Lott, Bettye Brown, Charles Henderson, Jeanette Johnson, Shane

Dawson, Thelma Mull

Condolence Angels

Herosa Simon, Willie Jo Foote

Community Flyer Distribution

Helen Hodorovich, Linda Morris,

Lavena Colley

Community Closet Staff

Helen Hodorovich, Lavena Colley,

Ruth Youngs, Lois Eaker

Children Center Staff

Cindy Duffie, Lavena Colley, Ruth Youngs, Lois Eaker



Earth Day Every Day

Earth Day is observed every year on April 22, motivating people to take part in protecting the planet. There are many ways you can help the environment on Earth Day and every day, and they offer additional benefits for you as well.

Need to stop at the supermarket, pharmacy and ATM? Combine these errands in one trip, and plan your route so you don't have to backtrack. *Perks:* If taking your own vehicle, you'll save money on gas and reduce fuel emissions.

Take reusable bags with you when you go shopping, carry a refillable water bottle instead of buying bottled water, and bring your own travel mug to coffee shops and convenience stores. *Perks:* Many businesses offer discounts to customers who bring their own bags and drink containers. Saving a few cents on every purchase can add up quickly!

Leaving the water running for just a minute can send 3 gallons of water down the drain, so turn the faucet off while brushing your teeth or shaving. Try to trim a few minutes off your shower time. *Perks:* In addition to saving hot water for the rest of the people in your household, you will be contributing to water conservation in your community.

When you can, reduce your carbon footprint by walking or cycling to your destination. *Perks:* You'll get exercise and fresh air, which benefits both your physical and mental health.

Right as Rain

Don't let April showers dampen your enthusiasm to learn all about rain!

- Each minute, 1 billion tons of rain falls on the Earth.
- Nimbostratus and cumulonimbus are the two most common types of rain clouds. The nimbostratus is a flat, gray cloud that hangs low in the sky. The cumulonimbus is a tall, puffy cloud that looks flat at the top and has a dark gray base.
- Falling at an average speed of 14 mph and from an average cloud height of 2,500 feet, a raindrop takes about two minutes to hit the ground.
- Grass looks greener after a shower because rain contains nitrogen, which is a natural fertilizer.
- Scientists say rain is not actually shaped like a teardrop. Raindrops start out in a spherical shape, and as they fall, they encounter air pressure that flattens the bottom of the drops, so they actually look like the top half of a hamburger bun.
- Petrichor is the word that describes the scent of rain. When raindrops fall on clay or dusty soils, they trap small air bubbles on the surface, which then rise and burst out of the droplets, producing the fresh, familiar fragrance.
- Scientists have studied fossilized raindrop imprints in 2.7 billion-year-old rock formed from volcanic ash.
- In hot, dry regions, rain sometimes evaporates before it hits the ground. The scientific term for this is virga, but it is also commonly called "phantom rain."



Wit & Wisdom

"The Earth does not belong to us. We belong to the Earth."
—Chief Seattle

"Whether it's saving the Amazon or just being kind to those around you, we need to take care of each other and Mother Earth."
—Olivia Newton-John

"This Earth is our only home. Together, we must protect and cherish it."
—Ban Ki-moon

"I consider the world, this Earth, to be like a school, and our life the classrooms."
—Oprah Winfrey

"We're all co-travelers on the spaceship Earth and must respect and help each other along the way."
—Stan Lee

"Try to leave the Earth a better place than when you arrived."
—Sidney Sheldon

April 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>April</i>				1 Warren (East)	2	3 
4 Martin (West)	5 Dean (East) Foster (McFarlan) Munerlyn (East)	6 Watkins (McFarlan)	7 Stockwell (East)	8	9	10
11	12	13 Thompson (West)	14 Stone (East)	15	16	17 Berry (East) Richardson (East) Scott (East)
18 Lewis (West) Taylor (McFarlan)	19 Hardenbrook (McFarlan) Walton (West)	20	21	22	23	24
25 Daniel (West) Johnson (McFarlan)	26 Pouncil (East) Williams (East)	27	28 	29	30	

