



McFARLAN VILLAGES

MCFARLAN HOME
COURT STREET VILLAGE

mcfarlanvillages.org



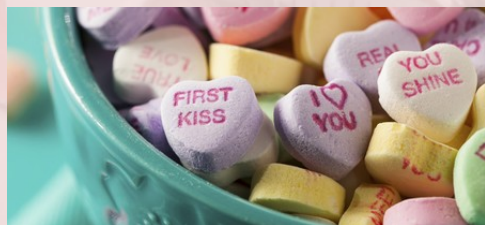
Managed by
Presbyterian Villages of MI

February 2021

Court Street Village wants to extend a warm welcome to Alicia from Evergreen Health Services. Evergreen provides a variety of services such as home health care, skilled nursing, occupational therapy, physical therapy, and private duty care services, all of which you may be eligible for through your insurance.

Alicia's clinic is located in the library in our 800 East building and clinic hours are listed below. Feel free to stop by and welcome her to the building!

Tuesday 9:00am-4:00pm
Wednesday 9:00am-12:00pm
Thursday 12:00pm-3:00pm
Friday 12:00pm-4:00pm



We Heart Caregivers!

To honor the health care professionals, family members and friends who provide needed help and support, we celebrate National Caregivers Day on the third Friday of February.

Brainteaser

Question: What flies around when it's born, lies still when it's living, and runs when its life is over?

Answer: A snowflake.

Inspiring Stones

A recent fad combines a creative hobby with the act of spreading kindness. Painting small, smooth rocks with inspiring messages and leaving them for others to find is a fun activity that anyone can do. The hope is that these "kindness rocks" will spread ripples of positivity. Keep your eyes peeled for painted stones while you're out and about, and you may find inspiration, too!



Tickled Pink

The latest taste in chocolate will have you seeing pink. Ruby chocolate gets its natural pink color and smooth, slight berry flavor from ruby cocoa beans. Picture-perfect for the Valentine's Day holiday, this colorful sweet is being called the fourth chocolate, joining milk, dark and white chocolate confections.

Positive Thought

"You have to create little pockets of joy in your life to take care of yourself."
—Jonathan Van Ness

Super Bowl Rings

Along with the Vince Lombardi Trophy, the Super Bowl's winning players and staff are gifted custom rings for the championship. So is the officiating crew. Those picked to referee the NFL's biggest game of the year each receive smaller versions of the keepsake.

McFarlan Home

Front Desk Phone
810-235-3077

Court Street Village

Office Phone (East) 810-239-4400
Office Phone (West) 810-239-4700

Salon (Court Street Village)

810-814-1666
(By Appointment Only)

After-Hours Emergency

Maintenance (Court
Street Village)
(810) 938-3273

After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392
800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at mcfarlanvillages.org.
2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!

3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to jwamsley@pvm.org.

Resident Referrals

Refer your friends and family to move into McFarlan Home or Court Street Village and get a referral bonus!

Court Street residents will receive \$500, and McFarlan Home residents will receive \$50. Start referring today!

Rosy Words

The flower of love, the rose is admired for its beauty and pleasing fragrance, and has grown to be part of our everyday language. Take your pick of these familiar phrases:

Stop and smell the roses. This popular proverb is a descriptive way of telling someone to relax, slow down and enjoy life. The expression gained ground in the 1960s after pro golfer Walter Hagen was quoted as saying, "Don't hurry. Don't worry. And be sure to smell the flowers along the way."

Everything's coming up roses. Lyricist Stephen Sondheim made these words famous when he wrote a song with that title for the 1959 Broadway musical "Gypsy," and its star, Ethel Merman, made it a show-stopping number. Sondheim was likely inspired by the similar saying "come up smelling like a rose," already in use, to convey that things are going well.

A rose by any other name (would

smell as sweet). From William Shakespeare's play "Romeo and Juliet," this expression means that what something is called doesn't change what it is.

Rose-colored glasses. An optimistic person is often described as wearing rose-colored glasses, implying that they only see the beauty and goodness in situations. The concept dates back to the 1840s.



Volunteer Feature

Resident Liaison

James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull

Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, Rene Butler, Thelma Mull, William Wanbaugh

Outdoor Beautification

Brenda King, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas

James Humpert

Community Improvement Research

Karen Lyons

West Office Volunteers

James Humpert

Resident Event Volunteers

Betty Lott, Bettye Brown, Charles Henderson, Jeanette Johnson, Shane

Dawson, Thelma Mull

Condolence Angels

Herosa Simon, Willie Jo Foote

Community Flyer Distribution

Helen Hodorovich, Linda Morris,

Lavena Colley

Community Closet Staff

Helen Hodorovich, Lavena Colley,

Ruth Youngs, Lois Eaker

Children Center Staff

Cindy Duffie, Lavena Colley, Ruth Youngs, Lois Eaker





BLACK HISTORY MONTH

Celebrating Black History Month

Each February, America observes Black History Month. This tribute to African Americans who have made an impact on the U.S. and the world was born from one man's call to action.

Historian and author Carter G. Woodson wanted the contributions of heroic Black men and women who helped shape the nation and its culture to be recognized and celebrated. In 1926, he created a weeklong event to promote Black history, and chose the second week in February because it included the birthdays of abolitionist Frederick Douglass and President Abraham Lincoln.

Fifty years later, after decades of support, the event expanded to Black History Month, a national observance, as part of the country's bicentennial. When President Gerald Ford signed the proclamation, he urged everyone to join in the "tribute to Black History Month and the message of courage and perseverance it brings to all of us."

For his efforts, Woodson has been called the father of Black history.

Confections of Affection

Sweets for the sweet, candy has become a symbol of love and friendship on Valentine's Day. Here are some holiday favorites:

Chocolate samplers. They come in pretty packages large and small. Chocolates and truffles inside decorated heart-shaped boxes have been popular gifts since the late 1800s.

Conversation hearts. "Be mine." "True love." "Marry me." It's the cute stamped-on messages that have made conversation hearts a fun tradition for over a century.

Hershey's Kisses. These familiar foil-wrapped drops of chocolate have the perfect name for Valentine's Day: Kisses! They were one of the first candies to change their packaging for the holidays in the 1960s. Their valentine wrappers of red and pink premiered in 1986.

M&M's. Recognized by the "m" on each one, M&M's have been enjoyed by the handful since they debuted in 1941. The milk chocolate candies show off candy-coated shells in holiday colors of red, pink, purple and white.

Cupid corn. Traditional candy corn has its fans, especially in the fall months. But with color swaps from yellow, orange and white to red, pink and white, this tri-colored treat is renamed Cupid corn in February.

Red Hots hearts. A switch from most sweets, the spicy, chewy mini cinnamon candies known as Red Hots take the shape of tiny hearts for the holiday, with no color change needed.



Wit & Wisdom

"We must absolutely take care of one another."
—Ruby Bridges

"Take care, be kind, be considerate of other people and other species, and be loving."
—John Lithgow

"People are pretty because they're nice and they care about other people, and they have a good heart."
—Lauren Alaina

"We should surround ourselves with things we care about, that have meaning."
—Nate Berkus

"If you find it in your heart to care for somebody else, you will have succeeded."
—Maya Angelou

"Politeness and caring for each other cannot be a thing of the past."
—Peter Frampton

February 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Price (East)	2 Grow (East) Morea (East) Page (East) Rugley (East)	3	4	5 	6 Wilson (East)
7	8 Willingham (East)	9	10	11 Chizmadia (McFarlan) Coates (West)	12	13
14 Towner (East)	15 Presidents Day Burgess (East)	16 Frato (West)	17	18 Baity (West) Dunlap (West)	19 Rumph (East) Sullivan (East)	20 Bowens (East)
21 King (West)	22 	23 Lusane (West)	24 Frazier (East) Williams (East)	25 Hill (East) Mull (East)	26 Causey (East)	27
28 Coleman (East)	<i>february</i>					

Word Search

Category: Months and Birthstones

Y A M D O D L A R E M E
 S J D P D T D S G G T D
 D Z A P O T S A D U D L
 F L R N C J R U R S R S
 E D E D U N D Q G A G Y
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1. March _____
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- Word Search Solution:**
- | | |
|--------------|---------------|
| 1. January | 11. November |
| 2. February | 12. December |
| 3. March | 13. Emerald |
| 4. April | 14. Garnet |
| 5. May | 15. Opal |
| 6. June | 16. Pearl |
| 7. July | 17. Ruby |
| 8. August | 18. Sapphire |
| 9. September | 19. Topaz |
| 10. October | 20. Turquoise |

