



**McFARLAN  
VILLAGES**

MCFARLAN HOME  
COURT STREET  
VILLAGE

[mcfarlanvillages.org](http://mcfarlanvillages.org)



Managed by  
Presbyterian Villages of MI

## May 2022

### Love Your Years

There are some who wish they could avoid getting older, but a number of polls and studies show that with age comes more happiness. Researchers believe reasons for this satisfaction include learning to enjoy life's simple pleasures and having time for personal interests. Celebrate your years during Older Americans Month in May.

### Women in the Army

After the U.S. joined World War II, the Women's Army Auxiliary Corps was formed in May 1942, allowing women to enlist in the Army to serve in noncombat roles. Just a year later, the word "auxiliary" was dropped, giving WAC members full military benefits and paving the way for women to officially serve in all branches of the armed forces.

### Call of Remembrance

The 24 notes that sound out the bugle call known as taps will be played at numerous events this Memorial Day. The solemn melody has been around since the Civil War, when it was adapted from existing bugle calls that signaled the end of the day. Upon hearing the call, soldiers knew to extinguish their lamps and get ready for bed.

### Pineapples and Piñatas

Now associated with Mexico, piñatas actually have origins in Italy, where they were fragile clay pots often shaped like pineapples to symbolize hospitality.

### Brainteaser

Question: Lovely and round, I shine with pale light, grown in the darkness, a lady's delight. What am I?

Answer: A pearl.



### Florists on Wheels

Sharing the streets with food trucks are members of the latest mobile business trend: flower trucks! Bringing fresh-cut blooms to farmers' markets, craft fairs, private parties and other public events, these floral fleets allow customers to assemble their own unique bouquets on the spot. Since many flower trucks are refurbished from vintage vans, campers, pickup trucks and buses, they offer additional aesthetic appeal for folks wanting to snap a springtime photo for social media.

### Motivation From Mom

"A mother's love is the fuel that enables a normal human being to do the impossible." —Marion C. Garretty

### Sweet and Silly

Q: What kind of bouquet did the little boy give to his mom?  
A: Son-flowers.

### McFarlan Home

Front Desk Phone  
810-235-3077

### Court Street Village

Office Phone (East) 810-239-4400  
Office Phone (West) 810-239-4700

### Salon (Court Street Village)

810-814-1666  
(By Appointment Only)

### After-Hours Emergency Maintenance (Court Street Village)

(810) 938-3273

### After-Hours On-Site Emergency (Court Street Village)

700 Building (810) 938-0392  
800 Building (810) 938-3272



## WELCOME

### McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at [mcfarlanvillages.org](http://mcfarlanvillages.org).

2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just passed 200 likes—like us to join the fun!

3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to [jwamsley@pvm.org](mailto:jwamsley@pvm.org).

### Resident Referrals

Refer your friends and family to move into McFarlan Home or Court Street Village and get a referral bonus!

Court Street residents will receive \$500 per referral and McFarlan Home residents will receive \$50 per referral.

### A Wildlife-Friendly Garden

Big or small, a garden can provide many benefits for wildlife that in turn will help plants flourish.

To see more birds, butterflies and bees in your garden, you need plants that will attract them. Sunflowers, zinnias, petunias and lantana are popular choices. Include plants that are native to your region, since local wildlife will naturally seek them out.

Make your garden area even more enticing with a water source. While not every space is suitable for a birdbath or fish pond, birds and insects will still appreciate a small saucer of fresh water. Add stones or marbles to the dish to give the critters a place to stand.

Lots of people hang feeders to nourish our feathered friends during the winter, but if you hang them year-round, birds will know your garden is the place to be. Clean feeders often for happier, healthier birds.

Helpful bugs and critters such as toads are more likely to hang around a garden that's safe for them. Making a bug hotel, which can attract solitary bees and beetles, can be a fun project for all ages. A cracked pot can be repurposed into a toad house, simply by flipping it over and placing it in a cool, shady area.



### Volunteer Feature

#### Resident Liaisons

James Riley, Roosevelt Mitchner, Shane Dawson, Thelma Mull, Greg Jakeway

#### Indoor Beautification

James Humpert, Kathleen Knott, Lillie Green, Louise McCorry, Rene Butler, Thelma Mull, William Wanbaugh

#### Outdoor Beautification

Brenda King, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

#### Coffee Baristas

James Humpert

#### Community Improvement Research

Karen Lyons

#### West Office Volunteers

James Humpert

#### Resident Event Volunteers

Betty Lott, Bettye Brown, Charles

Henderson, Jeanette Johnson, Shane Dawson, Thelma Mull

#### Condolence Angels

Herosa Simon, Willie Jo Foote

#### Community Flyer Distribution

Helen Hodorovich, Linda Morris,

Lavena Colley

#### Community Closet Staff

Helen Hodorovich, Lavena Colley,

Lois Eaker

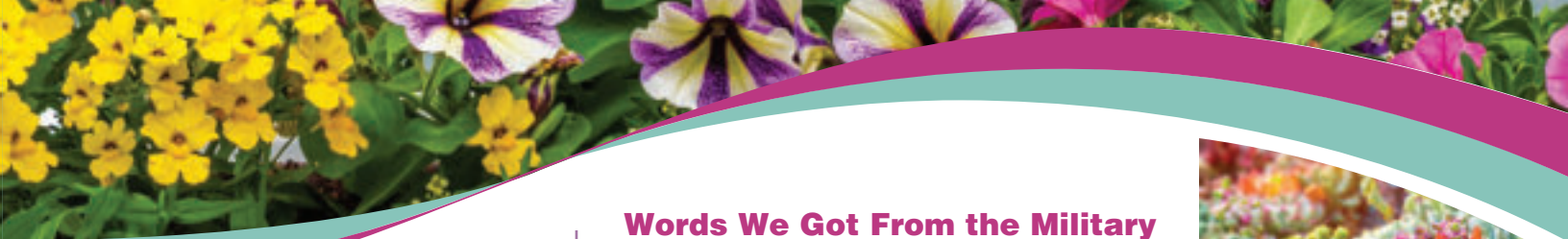
#### Children Center Staff

Cindy Duffie, Lavena Colley,

Lois Eaker







## Words We Got From the Military

Military Appreciation Month, held every May, celebrates the members of the armed forces who have given so much to our nation. Among the military's contributions through the years is a registry of words and phrases that wouldn't exist without them. Here's a small sample:

**Hotshot.** This term for a talented, successful person likely came from the use of heated cannonballs, aka hot shots, to ignite enemy ships or buildings. Handling the volatile ammo was risky and required a lot of skill.

**With flying colors.** A naval ship returning home after a victory proudly displays their flags, called colors, from the masthead. The tradition of "coming through with flying colors" is now a metaphor for a victory.

**Peacoat.** The name of this stylish outerwear has nothing to do with a little green vegetable. Originally worn by Dutch sailors, it was adopted by both the British and U.S. Navy. The jacket's warm, rough fabric was known as *pij* in Dutch and pilot-cloth in English, leading to the nicknames "p-cloth," "p-coat," and eventually "peacoat."

**Murphy's law.** Pessimists are familiar with this philosophy of "If something can go wrong, it will." Capt. Edward A. Murphy gave this age-old concept a name while working on a project at Edwards Air Force Base in 1949. His fellow engineers credited the law for motivating them to find ways to avoid negative outcomes, making their project a success.



## Wit & Wisdom

"Happy is the person who knows what to remember of the past, what to enjoy in the present, and what to plan for in the future."  
—Arnold H. Glasow

"Sometimes we have to soak ourselves in the tears and fears of the past to water our future gardens."  
—Suzy Kassem

"The purpose of thinking about the future is not to predict it, but to raise people's hopes."  
—Freeman Dyson

"Every day we write the future. Together we sign it, together we declare it, we share it, for this truth marches on inside each of us."  
—Amanda Gorman

"It would be wonderful to think that the future is unknown and sort of surprising."  
—Alan Rickman



## Spread Some Flavor

Before you take a bite of a breakfast bagel, slice of toast or English muffin, what do you reach for to add some fruit flavor—grape jelly or strawberry preserves? Maybe orange marmalade or apple butter are more your jam. If you've ever wondered about the difference between these sweet spreads, here's your answer:

**Jams.** Made from mashed or chopped fruit, sugar and pectin, jams are thick, soft spreads.

**Preserves.** Very similar to jams, preserves use whole or large pieces of fruit, resulting in a chunkier texture.

**Jellies.** These get their name from their resemblance to gel. Jellies are made from strained fruit juice, sugar and pectin.

**Marmalades.** Citrus fruits are usually the main ingredient for these soft spreads. Fruit pulp, juice and rind are reduced over heat with sugar, forming a jelly with suspended bits of fruit.

**Fruit butters.** These smooth spreads are created from pureed fruit and sugar and often include spices. They usually have less sugar than other fruit spreads.

# May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Minor (East) Wayne (East)	3 Henry (East)	4 Dansby-Coleman (East)	5	6 Mabry (West)	7 Cole (West)
8 Mitchner (West)	9 	10	11	12 Colley (McFarlan)	13	14
15 Lott (West)	16	17	18 Morris (West)	19 Chandler (East)	20 Rich (East) Wanbaugh (East)	21 Blackmer (McFarlan) Gordon (East)
22	23	24 Cummings (West) Green (East)	25 Catron (East) Clark (East)	26 Jackson (West)	27	28
29 Memorial Day	30 Horn (McFarlan)	31 Northway (East)	<i>May</i>			

