



McFARLAN VILLAGES

MCFARLAN HOME
COURT STREET VILLAGE

mcfarlanvillages.org



Managed by
Presbyterian Villages of MI

November 2018



Salute to Veterans

“Veterans Day gives all Americans a special opportunity to pay tribute to all those men and women who, throughout our history, have left their homes and loved ones to serve their country,” declared President Ronald Reagan in 1986. Salute the country’s 20 million veterans on Nov. 11.



McFarlan Is Committed to the Community

Walk to End Alzheimer’s, Sep. 29: McFarlan Villages is committed to finding a cure for Alzheimer’s. For a second year, McFarlan staff members were on the planning committee for Genesee County’s Walk to End Alzheimer’s. This year, Kelly Price and Melissa Frey represented McFarlan on the committee. McFarlan surpassed our goal and raised nearly \$1,500. We had five fundraisers throughout the year; including Jean Fridays, a yard sale, a bake sale, Alzheimer’s bracelets, and a dunk tank. We had 11 staff members, one resident, & four family members come out to support the cause.

Commit to Fit, Oct.

1-31: McFarlan had two teams participate in the annual Commit to Fit kick-off, a program focused on workplace wellness. As caregivers, it is more important

than ever to practice self-care. The staff at McFarlan Villages had a challenge of reaching 2.5 million steps during the month of October (*look for the final count in December!*). A healthy staff has more energy, is more focused, and is in a better mood to provide exceptional care and services to our residents!

Breast Cancer Walk, Oct.

13: McFarlan Villages had five staff members participate in the Breast Cancer Walk this year. The walk passes right by McFarlan Home, so we hope that residents and families will join us next year!



November Days to Remember

- 11/4 Nat’l Candy Day
- 11/10 Vanilla Cupcake Day
- 11/22 Thanksgiving Day
- 11/23 Black Friday
- 11/24 Small Business Sat.
- 11/26 Cyber Monday
- 11/27 Nat’l Day of Giving
- 11/28 Nat’l French Toast Day

McFarlan Home
Front Desk Phone
810-235-3077

Court Street Village
Office Phone (East)
810-239-4400
Office Phone (West)
810-239-4700

After-Hours Emergency Maintenance (Court Street Village)
(810) 938-3273

After-Hours On-Site Emergency (Court Street Village)
700 Building (810) 938-0392
800 Building (810) 938-3272



WELCOME

McFarlan Villages is Online!

There are many ways to connect with us:

1. Visit our website for information about our properties at mcfarlanvillages.org.

2. We post a lot of pictures and videos of our amazing residents on our Facebook page. We just blew past 150 likes—like us to join the fun!

3. Our newsletter is now digital! If you'd like to receive this newsletter (and other great content) via email, please send your email address to mfrey@pvm.org.



MCFARLAN VILLAGES SPIRIT WEEK



McFarlan Villages CASINO TRIP



FUN AND GAMES

MCFARLAN VILLAGES

A Thankful Community

Almost every day, residents at McFarlan Villages gather to foster their creativity, share in a conversation, and go on trips together. While the buildings offer a place to live, the *community* is so much more than that. It's togetherness and understanding —

MTA Bus Schedule (Court Street Village)

Meijer Mon, 12:45pm
Walmart (Belsay) Thurs, 10am
Kroger/Walmart (Corunna) Fri, 9am

McFarlan Villages

West Store Hours (Court Street Village)

Mon, Wed, and Fri 11:30am-2:30pm



Just for Fun, Thanksgiving Edition

How many words can you come up with using the letters in "Thanksgiving?"

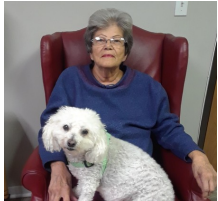
and we all make it a welcoming place to live. It's a family — so let's be thankful for each and every member.



Attitude of Gratitude

"Be present in all things and thankful for all things."
—Maya Angelou

Resident Spotlight



Angela Barrett – or “Angie” to her friends – a long-time Court Street Village resident and Flint native, is our

featured resident this month! She was born on April 3rd, 1945 in Flint and grew up here, but moved to West Palm Beach, Florida in 1968 just 6 years after graduating from the now-closed St. Michaels Catholic School. She has lived in Texas, California, and Las Vegas before moving back to her hometown.

Angie was married for 13 years and has one son, and has adopted the community’s unofficial mascot, Cassie the dog! She loves keeping the dog company and taking care of her.

Her multiple careers have certainly kept her busy! She’s been a manicurist, a pedicurist, a medical assistant, and a phlebotomist, retiring in 2007. But she hasn’t stopped staying active; Angie keeps busy here as well! She loves to make jewelry and crafts, and loves to cook. Throughout her life, she’s loved ballet, art classes, deep-sea fishing in Florida, her Catholic faith, and riding her Harley! She helps out at Court Street Village whenever she can.



Resident volunteers giving their time to their community.

Volunteer Feature

Resident Liaison

Florence Taylor, James Riely, Roosevelt Mitchner, Thelma Mull, Vershann Dawson, Wendall Moore

Indoor Beautification

Angela Barrett, Kathleen Knott, Lillie Green, William Wanbaugh

Outdoor Beautification

Annie Wilson, James Humpert, James Riley, Jeanette Johnson, Thelma Mull, William Wanbaugh

Coffee Baristas

Phillip Hairston, Richard McCoy

Community Improvement Research

Karen Lyons

Resident Event Volunteers

Angela Barrett, Arthur Romel, Florence Taylor, Jeanette Johnson, Sharla Wilbanks, Thelma Mull, Vershann Dawson

Community Flyer Distribution

Janice Villalpando, Richard McCoy

Community Closet Staff

Helen Hodorovich, Lavena Colley, Ruth Youngs

Children Center Staff

Charlotte Williams, Cindy Duffie, Lavena Colley, Ruth Youngs

Flint Humane Society Dog Treat

Makers

Arlene Chizmadia, Beverly Vickerman, Cindy Duffie, Empress Uribe, Helen Hodorovich, Lavena Colley, Lois Eaker, Lucy Myers, Ruth Youngs

Cookie Making for YWCA Flint

Charlotte Williams, Cindy Duffie, Helen Hodorovich, Lavena Colley, Lois Eaker, Ruth Youngs

Thankfulness

Thanksgiving Quotes

We asked the staff and residents of McFarlan Villages to tell us what they were thankful for. Here’s what they said:

“My kid, friends, and family.”

—Jennifer V.

“Long life.”

—Shirley W.

“The most High.”

—Cynthia M.

“My five kids and eight grandchildren.”

—Joyce H.

“All my goddaughters.”

—Arlene C.

“My brother and sister, and my daughter Diana.”

—Cindy D.

“I’m thankful for my health and family.”

—Kelly P.

“My family, my girls.” —Lois E.

“I love my family and my dogs.”

—Cassandra B.

“Lots of things: my health, and my family is #1.” —Lela K.

What are you thankful for?

November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November Birthdays				1	2 Romel (East)	3 Barlow (East)
Fall Back 4 Fleischmann (East)	5	6	7 Hussey (East)	8	9 Hickmon (West)	10 Brown (West)
Veterans Day 11 Jones (East)	12 Boaz (West) Lewis (East)	13	14	15	16 Stone (East) Varion (East)	17 Jackson (East)
18 Mitchner (West)	19 White (East)	20 	21 Dukes (East)	Thanksgiving 22 Darnton (West)	23	24 Weiss (McFarlan)
25	26	27 Reeves (West)	28 Davis (East) Madaras (East)	29	30 Hatfield (West) Neeley (East)	

SUDOKU

Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Solution

8	4	5	9	7	6	1	2	3
9	2	7	3	5	1	8	6	4
6	1	3	8	2	4	5	9	7
1	8	2	4	3	5	9	7	6
5	7	9	1	6	2	4	3	8
3	6	4	7	9	8	2	1	5
7	5	8	2	1	3	6	4	9
4	9	1	6	8	7	3	5	2
2	3	6	5	4	9	7	8	1

	8		6			9	3	
			7	8			6	
6								
5								3
	3	4	2		1	6	7	
9				3				1
7								
	9			5	3			
	2	1			6		4	